



Under The Sea



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2SEND-Sen

Activity created by



www.handmadeparade.co.uk

Look at your hand ... Wiggle it UP ...

Wiggle it DOWN It's a FISH!

Wiggle your body ... You are a BIG FISH!

Move and wriggle like a big fish!

Pick up the fabric... Let's pretend it's the sea!

Wiggle it like waves.

Make a sound like the sea!

Now swim in the sea

Swim up and down under the fabric sea

Up high Down low

... Quiet sea LOUD sea! 

Now close your eyes and rest